

Athletic Training Top - Size charts

Men	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
1/2 Chest (inch)	18	19	19 ³ / ₄	20 ¹ / ₂	21 ³ / ₄	22 ³ / ₄	24	24 ³ / ₄	26	26 ³ / ₄
Back Length (inch)	23 ¹ / ₄	24 ¹ / ₂	25 ¹ / ₂	26 ¹ / ₂	27 ¹ / ₄	28	28 ³ / ₄	30	30 ³ / ₄	31 ³ / ₄

Women	US4	US6	US8	US10	US12	US14	US16	US18	US20	US22	US24
	UK6	UK8	UK10	UK12	UK14	UK16	UK18	UK20	UK22	UK24	UK26
1/2 Chest (inch)	17 ¹ / ₄	18	19	19 ³ / ₄	20 ¹ / ₂	21 ³ / ₄	22 ³ / ₄	23 ¹ / ₂	24 ³ / ₄	26	27 ¹ / ₄
Back Length (inch)	21 ³ / ₄	22 ¹ / ₂	23 ¹ / ₄	24	24 ³ / ₄	25 ¹ / ₂	26 ¹ / ₂	27 ¹ / ₄	28	28 ¹ / ₄	28 ³ / ₄

Youth	4Y	6Y	8Y	10Y	12Y	14Y	16Y
	5-6	7	YS	YM	YL	YXL	Y2XL
1/2 Chest (inch)	14 ¹ / ₄	15	15 ³ / ₄	16 ¹ / ₂	17 ¹ / ₄	18	19 ¹ / ₄
Back Length (inch)	16 ³ / ₄	17 ³ / ₄	20 ¹ / ₂	22 ¹ / ₂	23 ¹ / ₄	24	24 ¹ / ₂



Variations +/- 1 inch

The sizing on the chart is the actual measurement of the garment itself.

When choosing your garment sizes, the best idea is to find a garment you currently have in a size that is comfortable. Then measure the garment across the chest then refer to our size chart - just choose a size the same measurement.